



Bold & Brave

Program Registration Form

Participant Information

Please fill out all fields clearly.

First Name: _____

Last Name: _____

Date of Birth: ____ / ____ / ____ (MM/DD/YYYY)

Age: _____

Year in High School: _____

Address: _____

City: _____ State: _____ Zip: _____

High School Attending: _____

College Attending (if applicable): _____

Phone Number: _____

Email: _____

Parent/Guardian First Name: _____

Parent/Guardian Last Name: _____

Emergency Contact Information

Please provide emergency contact details.

Emergency Contact First Name: _____

Emergency Contact Last Name: _____

Relationship: _____

Phone: _____

Insurance Information

**Note: This information is strictly for making potential referrals to our community partners. We will not release this information without your permission.*

Primary Insurance Company: _____

Group #: _____ ID #: _____

Primary Insurance Type: ☐ HMO ☐ PPO ☐ Medicare ☐ Other: _____

Complete the following if you are *not* the policyholder for your primary insurance:

Insurance Policyholder: ☐ Spouse ☐ Child ☐ Parent ☐ Other: _____

Policyholder Name: _____ Date of Birth: _____

Policyholder Social Security Number: _____

Secondary Insurance Company: _____

Group #: _____ ID #: _____

Primary Insurance Type: ☐ HMO ☐ PPO ☐ Medicare ☐ Other: _____

Complete the following if you are *not* the policyholder for your secondary insurance:

Insurance Policyholder: ☐ Spouse ☐ Child ☐ Parent ☐ Other: _____

Policyholder Name: _____ Date of Birth: _____

Policyholder Social Security Number: _____

Course Registering For:

Course 1

Course 2

Course 3

Participant Signature: _____

Participant Printed Name: _____

Date: ____ / ____ / ____

For Minors

Parent/Guardian Signature: _____

Parent/Guardian Printed Name: _____

Date: ____ / ____ / ____

Mission Statement:

*At **Elina**, our mission is to take mental health in new directions—offering a sanctuary for self-connection through holistic healing practices that nurture the mind, body, and soul. We provide compassionate spaces for teens, adolescents, and adults to come together in community education, therapy, yoga, and more—fostering emotional resilience, authentic connection, and empowered growth. Through warmth, celebration, and intention, we help individuals embrace their wellness journey with courage, clarity, and joy.*

“Inspired to create peace— while empowering minds and enriching lives.”

Elina Disclaimer Notice

Elina’s intensive courses are facilitated by licensed mental health professionals. It is imperative that we inform our participants & their guardians of the following:

Our experiential courses are for personal growth and learning. They are NOT a substitute for psychotherapy groups.

Although our facilitators are not providing psychotherapy, as licensed mental health professionals in the state of Texas, they are mandated reporters should they suspect abuse or neglect of a child, elderly person, or someone who is unable to care for themselves.

Since our courses are strictly designed for educational purposes, Elina’s facilitators are not bound by confidentiality laws. Should a participant report suicidal or homicidal ideation with or without a plan or intent or that they are engaging in any self-injurious behaviors (cutting, burning, head banging etc), facilitators are required by Elina to disclose this to the listed emergency contact, parent, or legal guardian in Elina’s registration paperwork.

Participant Signature: _____

Participant Printed Name: _____

Date: ____ / ____ / ____

For Minors

Parent/Guardian Signature: _____

Parent/Guardian Printed Name: _____

Date: ____ / ____ / ____